



Prescription Drug Epidemic

Employers' Forum of Indiana

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Kelly Nantel

Vice President

Communications and

Advocacy National Safety

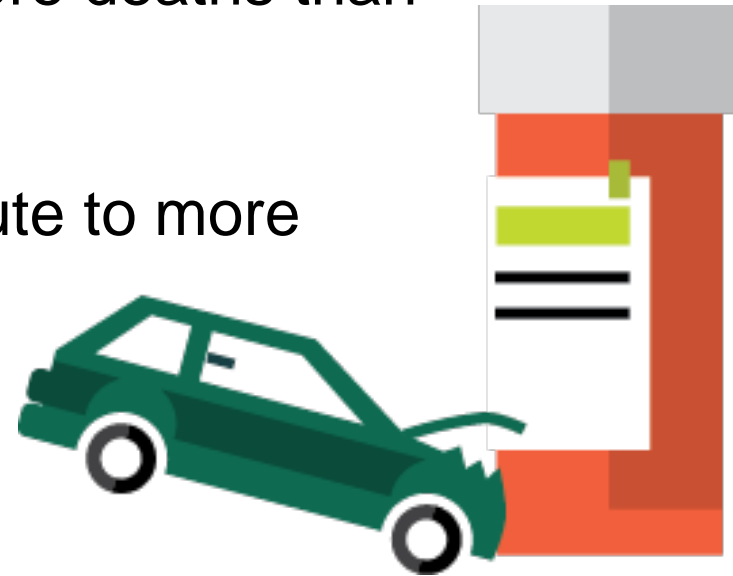
Council



Prescription Drug Overdose

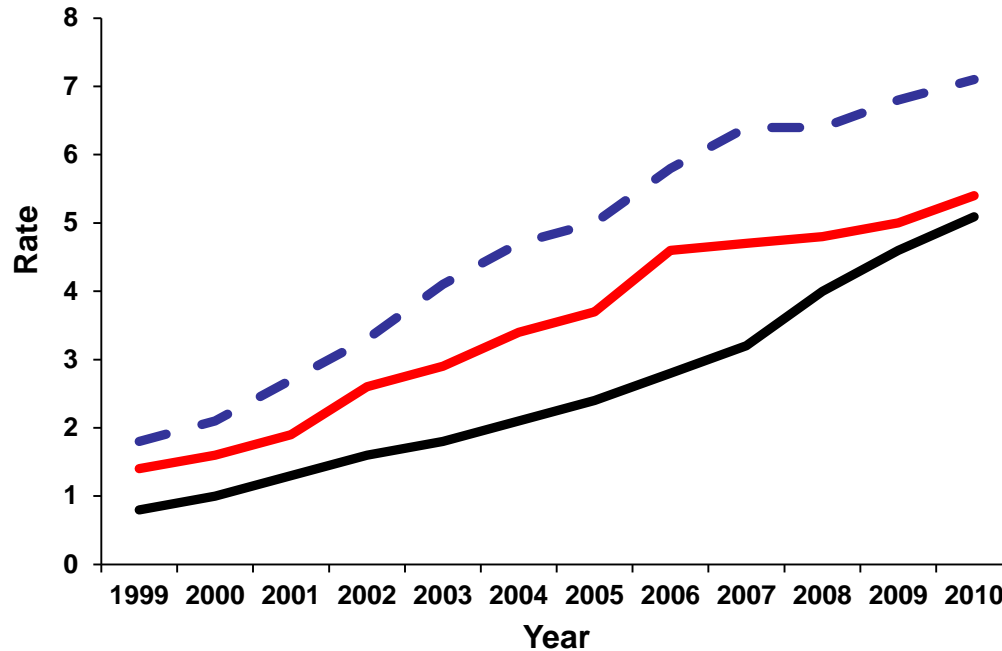
Drug overdoses now cause more deaths than car crashes.

Prescription painkillers contribute to more deaths than any other drug.



Rates of opioid sales, overdose deaths, and treatment admissions, US, 1999-2010

- Opioid Sales KG/10,000
- Opioid Deaths/100,000
- Opioid Treatment Admissions/10,000



259m
Opioid RX
2012

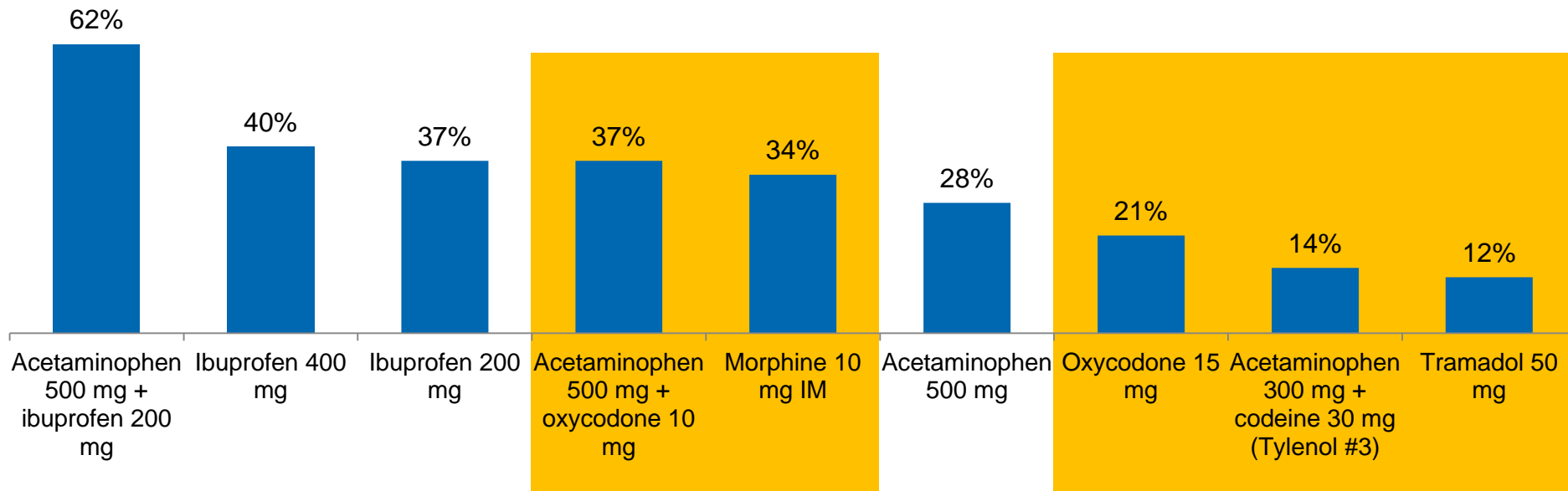
National Vital Statistics System, DEA's Automation of Reports and Consolidated Orders System, SAMHSA's TEDS



Opioids are not the most effective at providing pain relief.

Percent with 50% pain relief

Opioid medications





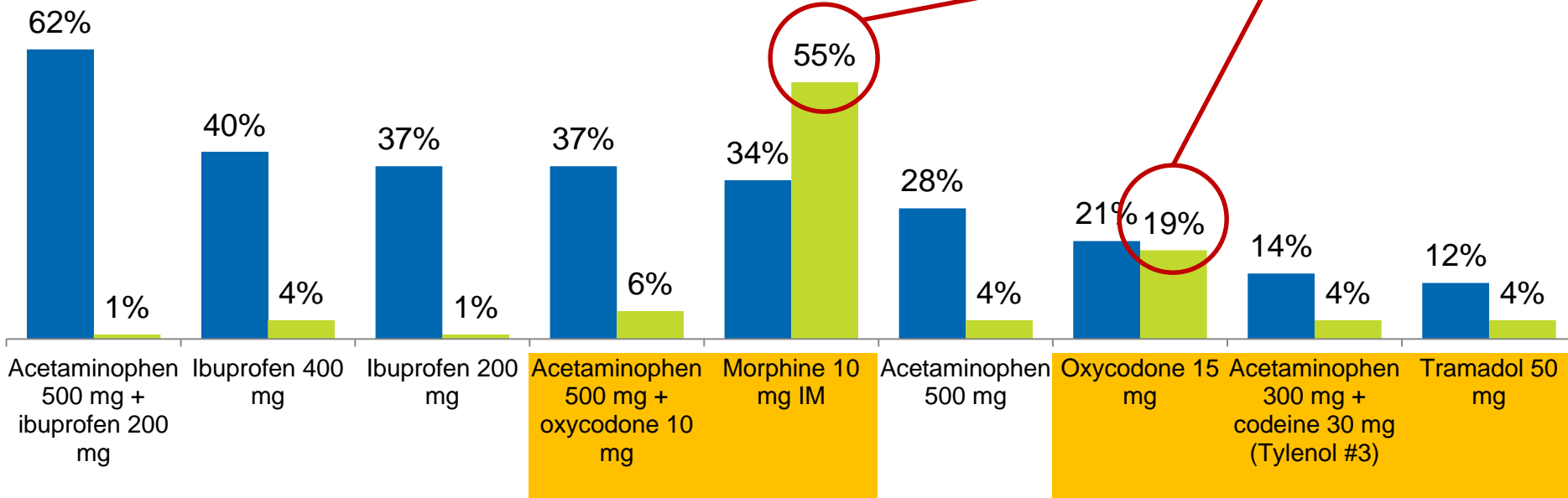
Doctors overestimate the efficacy of opioids and underestimate the impact of safer alternatives.

Percent with 50% pain relief

Opioid medications

74% believe these opioids to be the most effective way to treat acute pain

■ Actual Efficacy
■ % of Prescribers rank as most effective



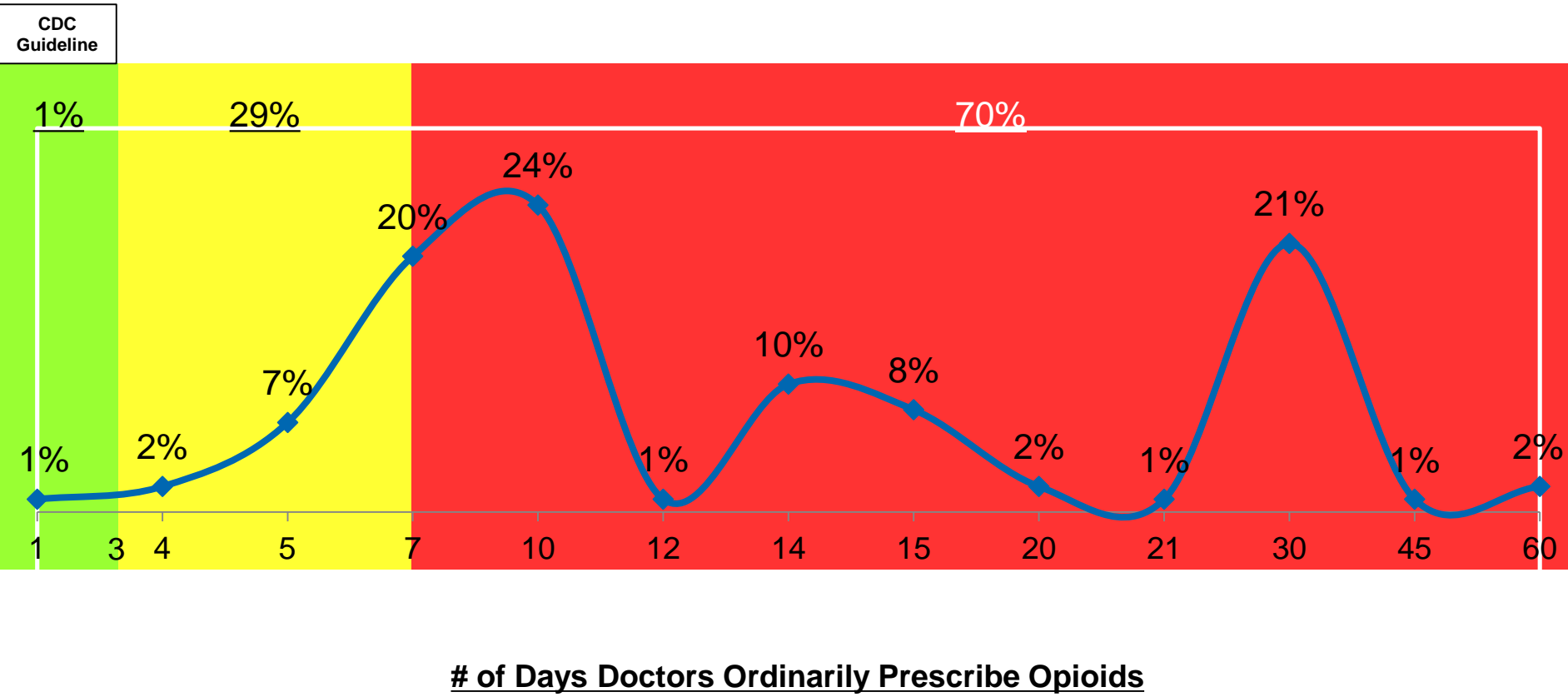
Source: (Blue) Cochran research cited in the NSC white paper, Evidence for the efficacy of pain medications

© 2014 National Safety Council. Green NSC Study – Q8. Please rank the following medications in terms of how successful you feel they are at providing pain control or relief. (Total n=201)

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99% of doctors prescribe opioids for longer than the CDC guideline





Patients also overestimate the benefits of taking opioid painkillers.

Opinions of Using Opioids as Pain Solution
%Somewhat/Strongly Agree



© 2014 National Safety Council. Which of the following were you most concerned with before taking the prescription?
(Among users -n =427)

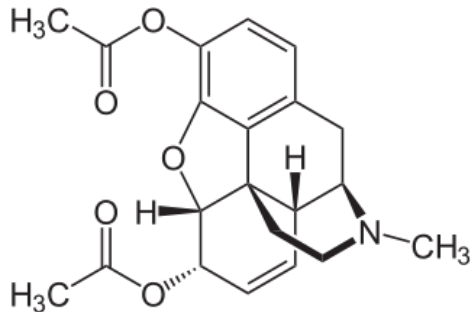
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and underestimate the addictiveness

78%

Very Addictive

Heroin



55%

Very Addictive

Hydrocodone

Oxycodone

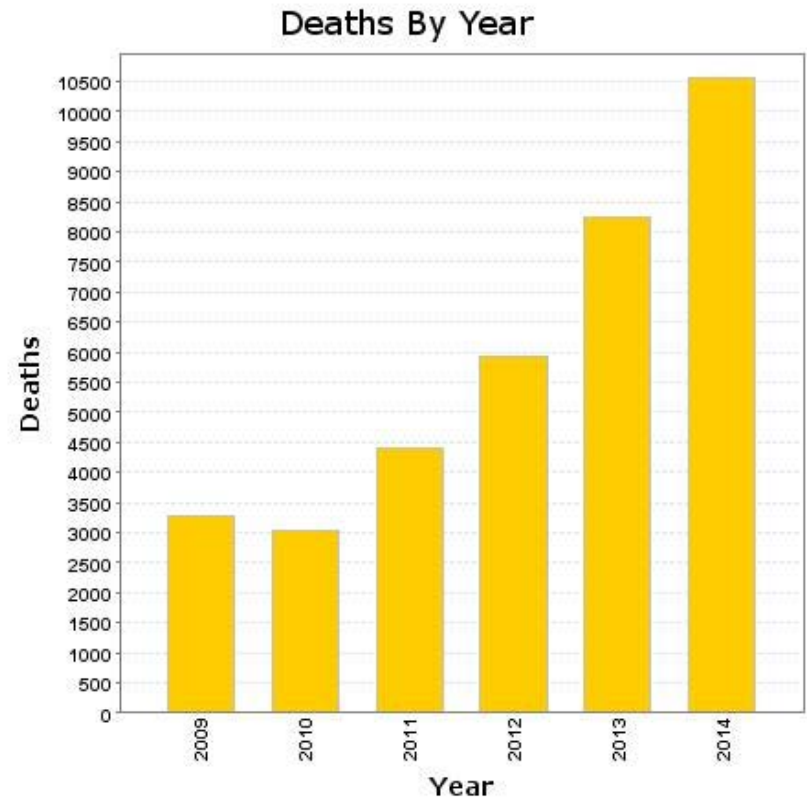
Yet, these drugs are chemically the same!



Transition to Heroin

4.3 million nonmedical opioid users x 2% = 86,000 new heroin users.

- 4 out of 5 new heroin users started with opioid pain pills.
- 19 times more likely to transition to heroin if prior nonmedical opioid user.
- Only 2 – 4% opioid users switch to heroin, but more than 4.3 million people used opioid nonmedically in the past month.





Participant Demographics

79% have HQ in Indiana

77% in their field 10+ years

71% have no emp. covered by union regs or contracts

68% senior-most for location or organization

65+ have employees at multiple locations

- (N = 201 Total)
- 36. Where is your headquarter location located?
 - 30. If applicable, how many years have you worked in your field?
 - 34. Are any of your employees covered by union regulations or contracts?

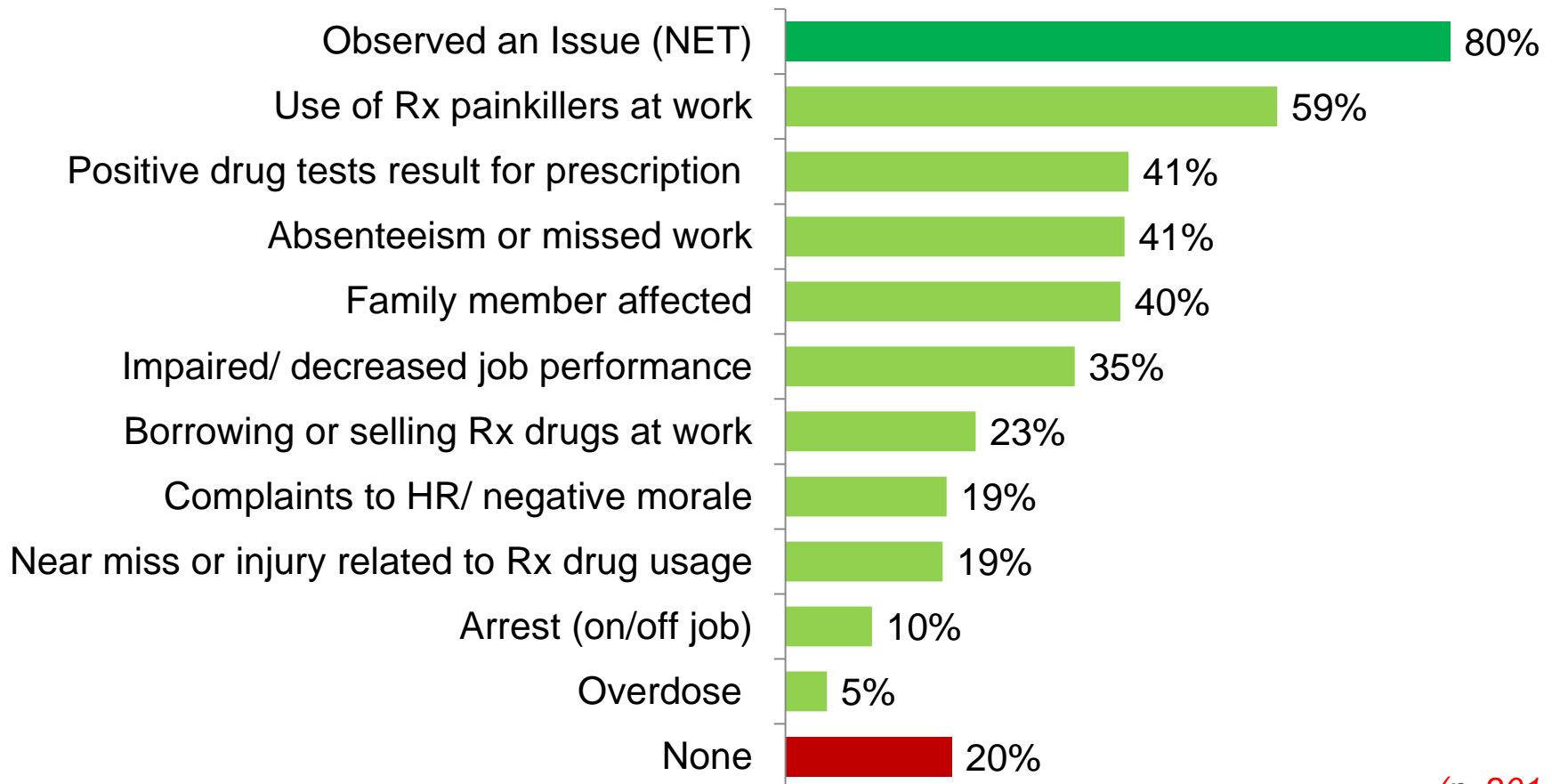
- 31. Which statement best describes your personal level of responsibility within your organization for health and safety issues?
- 35. Do most employees at your organization work...?

(N = 201 Total)



Most Indiana companies impacted by Prescription Drug Abuse...

Observed Workplace Issues

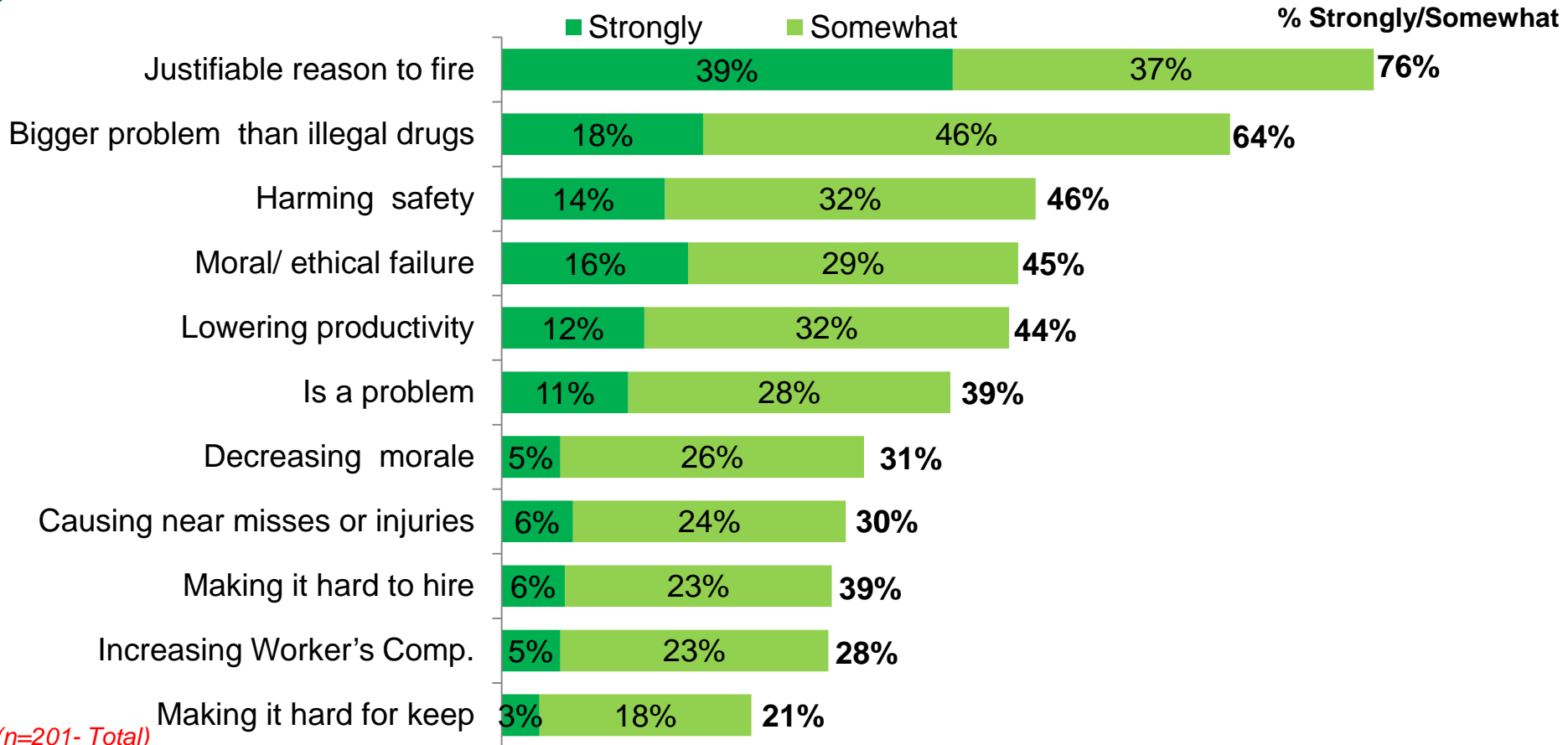


(n=201- Total)



... and feel it is a problem...

Agreement with Statements



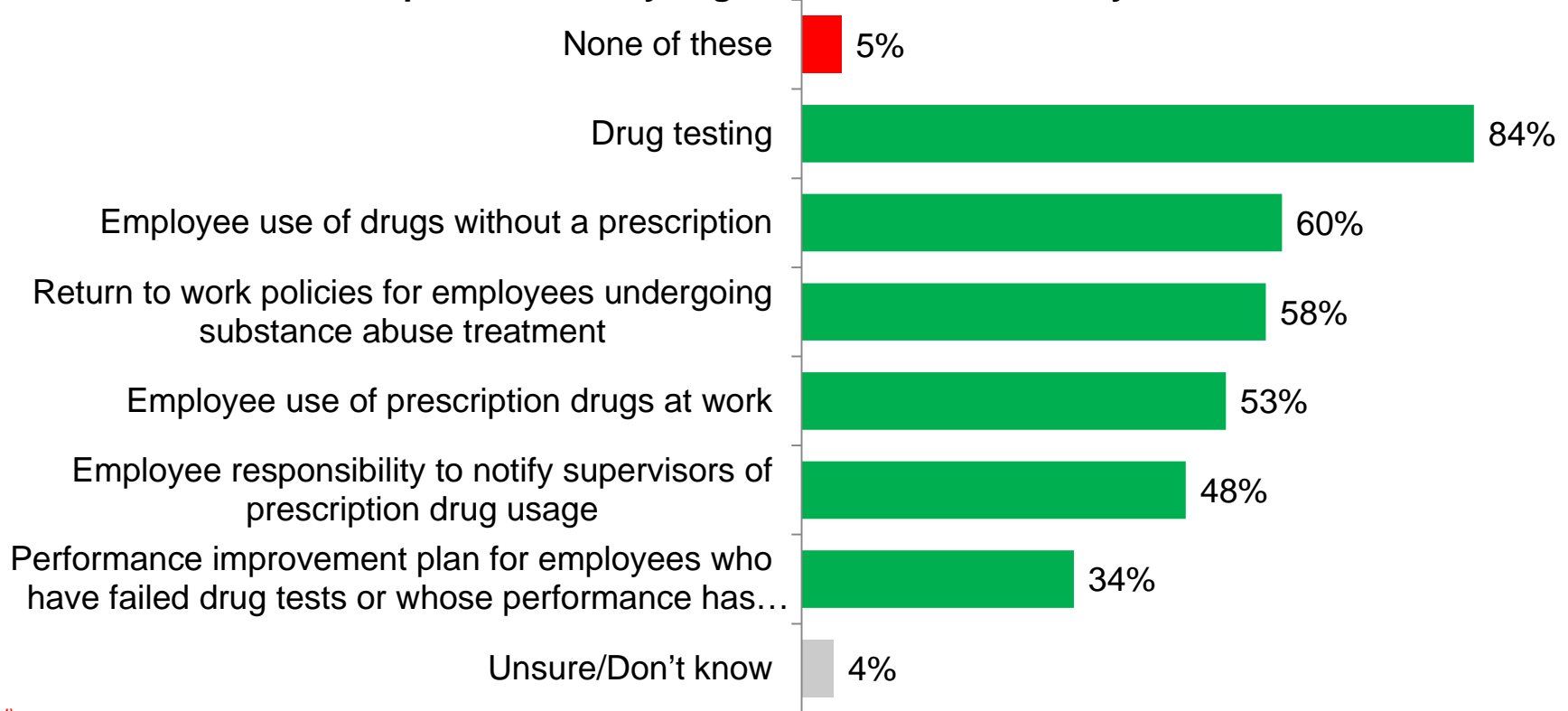
(n=201- Total)

5. Please rate your agreement with each of the following statements about the impact of prescription drugs on your organization. Misuse or abuse of prescription drugs is...?



Most cover drug tests, but few address abuse.

Topics Covered by Organizations Written Policy



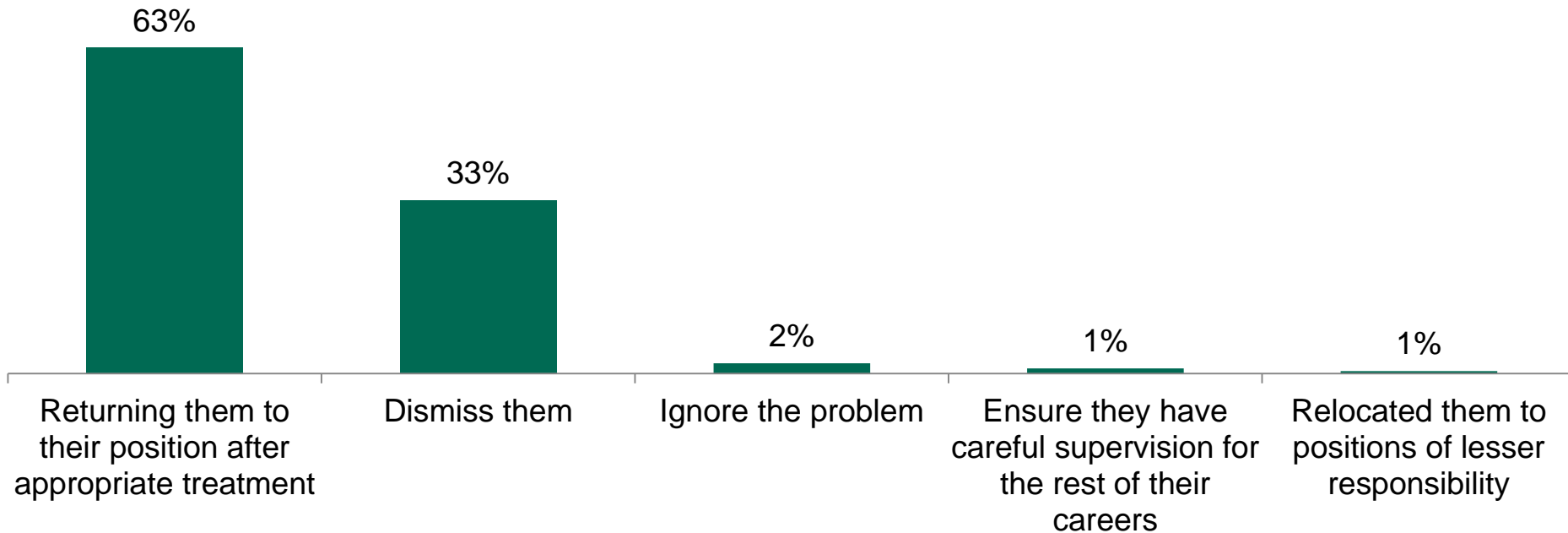
(n=201- Total)

10. Which of the following topics are specifically covered in your organization's written policies?



Most want to return employees to work...

Organizational Approach to Employee Misuse/Abuse of Drugs or Alcohol



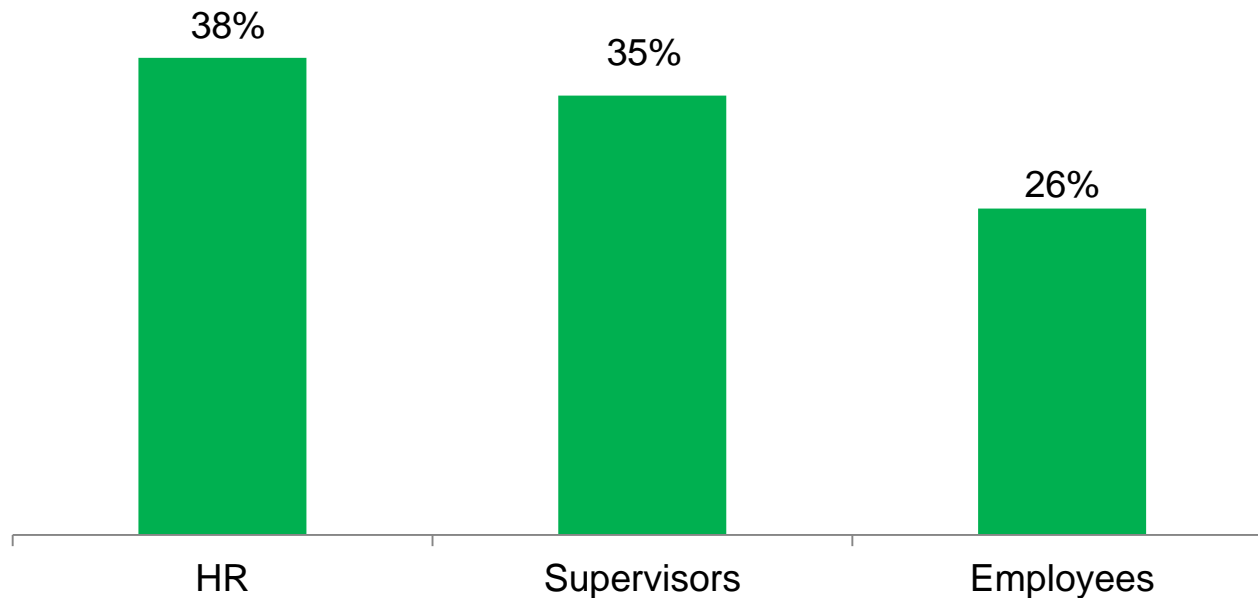
(n=201- Total)

9. Which of the following, would you say, best reflects your organization's approach to an employee who is found to be misusing or abusing drugs or alcohol?



...but can't identify who needs help...

Very Confident can Identify Warning Signs



(n=201- Total)

8. How confident are you that your Human Resources department, supervisors and employees can correctly identify behavior that is a warning sign of misuse or abuse of prescription medication?



NSC Prescription Drug Initiative

Influence prescribers and payers to implement evidence-based best practices related to pain management

Educate the public about the dangers associated with opioid pain medications and empower them to take action

Increase access to the most effective substance abuse treatments and reduce the stigma and barriers to seeking help



Opportunities for intervention

Insurers and Managed Care Orgs.

Drug formularies

Prior approvals

Active case management

Review and restriction programs

Employers

Strengthen workplace policy and programs

Educate employers about risks of opioids

Train supervisors on how to effectively intervene

Medical Community

Prescribing Guidelines

Prescriber Education

PDMPs use

Provide MAT or make appropriate treatment referrals



Discussion

What is your organization currently doing to address opioid pain medication use, misuse or abuse?



Discussion

How can we as individuals and organizations leverage our resources to prevent addiction and reduce overdose fatalities?