

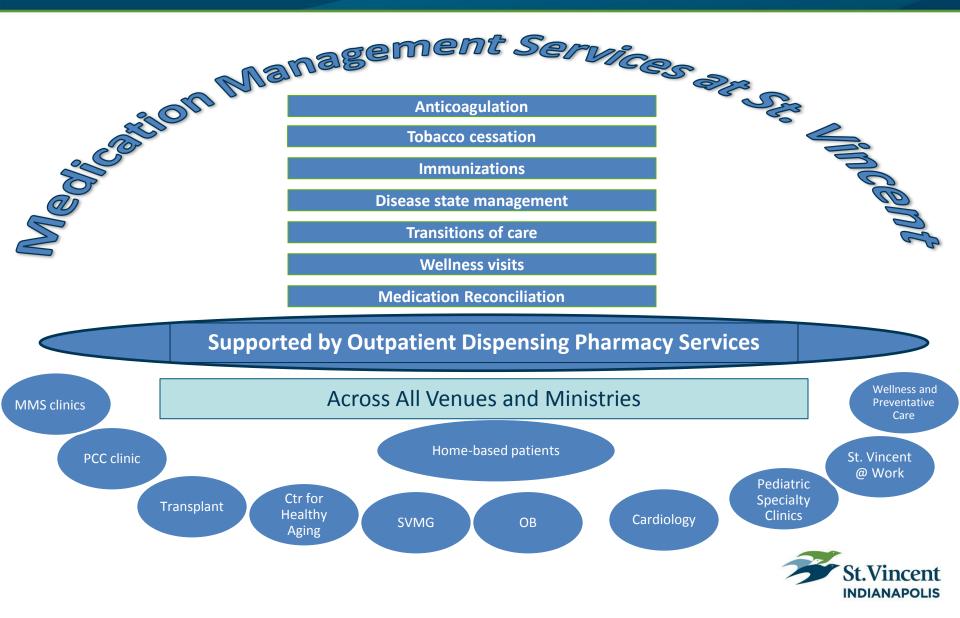
St. Vincent Outpatient Medication Management Services

Suellyn Sorensen, PharmD, BCPS, FASHP Director of Clinical Pharmacy Services

March 2015

THE SPIRIT OF CARING®

Ambulatory Pharmacy Services Structure and Vision



Medication Management Services at St. Vincent

MMS Clinic	 Anticoagulation management Tobacco cessation counseling Immunizations 		
Primary Care Center (PCC)	 Anticoagulation management Chronic disease management Medication therapy management (MTM) Medication safety initiatives 		
Center for Healthy Aging	 Anticoagulation management Geriatric assessments 		
St. Vincent at Work	 Chronic disease management Medication Therapy Management(MTM) Preventative and wellness 		



Chronic Disease Management – Pharmacist Role

Prescriber refers patient to pharmacist for consultation

Pharmacist provides recommendation OR protocol is followed for intervention

Physician & Pharmacist Collaboration Pharmacist reviews medical chart and sees patient to obtain pertinent history

Pharmacist determines best therapeutic options using evidence-based approach

Pharmacist assesses patient-specific information



Prevention and Wellness

Tobacco Cessation

- Counseling
- Medication Management

Cardiovascular Risk Reduction

- Blood Pressure
- Cholesterol
- Pre-Diabetes

Immunizations

- Administration
- Patient Identification



Why a Clinical Pharmacist?

Patient

- Patient satisfaction
- Improved medication adherence
- Improved health outcomes
- Increased selfmanagement

Provider

- Provider satisfaction
- Improved clinical outcomes

Payer

• Financial outcomes



PCC Diabetes Management and Education

 Patients referred to clinical pharmacist for diabetes management and/or education

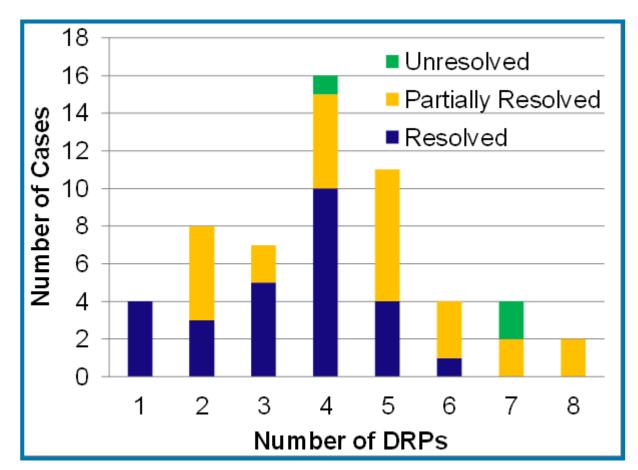
	A1c Reduction 2013			
	3 months	6 months	12 months	
RPh management n=135	2.1%	2.4%	1.5%	
No RPh management n=146	1%	0.3%	0.8%	

- January June 2014
 - 97 Pharmacy Referrals
 - 30 patients seen at least once



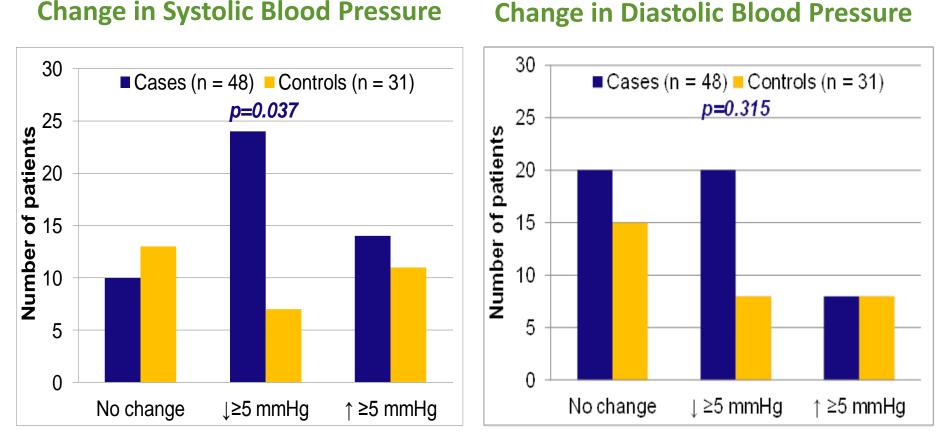
PCC MTM Services May 2011- June 2012

- 95 Pharmacy Referrals
- Median 4 Drug Related Problems (DRPs) identified per patient
- Median 3 DRPs resolved per patient



PCC MTM Services May 2011 – June 2012

Change in Systolic Blood Pressure



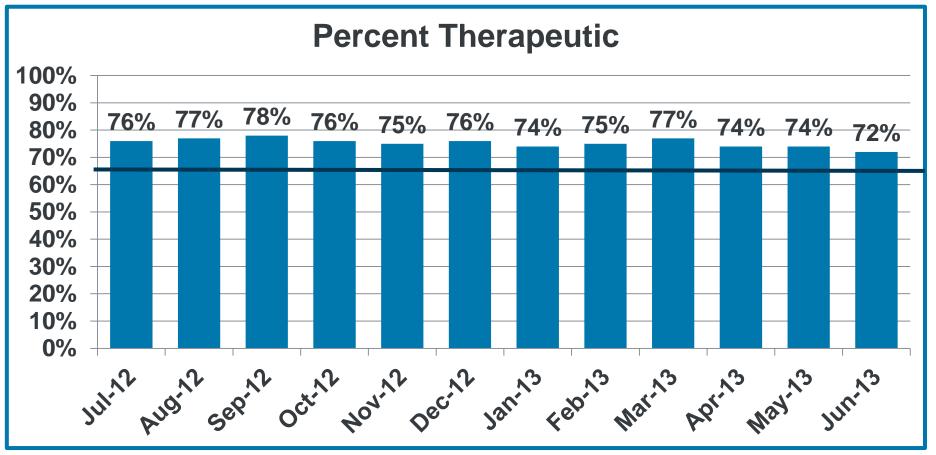


MMS – Anticoagulation Clinic

- Opened January 2010
- Four locations: Indianapolis, Carmel, Fishers, St. Joseph (Kokomo)
- Average 75 patients per day per clinic
- Referrals from cardiology, orthopedic surgeons, primary care
- Total number of patients: 2300
 - 332 self-testing



Time in Therapeutic Range (TITR) 2012-2013



- Exceeds benchmark (65%)
- Higher TITR correlates with fewer bleeds, clots, and adverse drug events
- Data suggests reduction in warfarin-related admission/readmission since clinic inception



References

- 1. Kim S, Martin MT, Pierce AL. Satisfacation with medication therapy management services at a University Ambulatory Care Clinic. *Pharmacy Practice*. 2014; published online.
- 2. Vincent AH, Gonzalvo JD, Ramsey DC, et al. Survey of pharmacist-managed primary care clinics using healthcare failure mode and effect analysis. *Pharmacy Practice* 2013 Oct Dec; 11(4): 196-202.
- 3. Cranor CW, Bunting BA, Christensen DB. The Ashville Project: long-term clinical and economic outcomes of a community pharmacy diabetes care program. *J Am Pharm Assoc*. 2003;43:173-184.
- 4. Bluml BM, Watson LL, Skelton JB, Manolakis PG, Brock KA. Improving outcomes for diverse populations disproportionately affected by diabetes: final results of Project IMPACT: Diabetes. *J Am Pharm Assoc.* 2014;54:477-485.
- 5. Bunting BA, Cranor CW. The Ashville Project: long-term clinical, humanistic, and economic outcomes of a community-based medication therapy management program for asthma. *J Am Pharm Assoc*. 2006;46:133-147.
- 6. Bunting BA, Smith BH, Sutherland SE. The Ashville Project: clinical and economic outcomes of a community-based long-term medication therapy management program for hypertension and dyslipidemia. *J Am Pharm Assoc.* 2008;48:23-31.
- 7. Gonzalvo JD, Papineau EC, Ramsey DC, et al. Patient perceptions of pharmacist-managed clinics: A qualitative analysis. *J Pharm Technol* 2012;28:10-5.



QUESTIONS?

