Advance Care Planning in Indiana

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Indiana Area Agencies on Aging & Disability Network
Indiana ACP Initiatives

- Qsource- Care Coordination Communities
  - Central Indiana Care Coordination Community Coalition
  - Care Transitions Coalition of N.E. Indiana
  - Wabash Valley Care Coalition
- Putnam County Hospice and Palliative Care Association
- Indiana Patient Preferences Coalition ([www.indianapost.org](http://www.indianapost.org))
- Honoring Choices® North Central (South Bend, Mishawaka, Granger)
- Southwest Indiana Coalition for ACP
- Lifestream Services, Inc. (Muncie/Anderson)
Figure 2: Indiana Age 65+ Population Growth, 2010-2050

Data Source: Milliman Forecast
2013- Nearly 1 million family caregivers in Indiana

Estimated economic value of their unpaid contributions was approximately $9.4 billion

The Family Caregiver
Hidden Costs of Caregiving – Financial Security

Nearly 10 million adult children over the age of 50 care for their aging parents.

- Total estimated aggregate lost wages, pension and Social Security benefits: $3 trillion
- For women, total individual lost money due to leaving workforce early: $324,044
- For men, total individual lost money due to leaving workforce early: $283,716

MetLife
Mature Market INSTITUTE
State of ACP

- 36.7% of adults completed an advanced directive of some kind
- 29% had living wills
- 33% had HCPOA
- 32% had an “undefined” AD
- 38.2% of people with chronic illness have advanced directives
- 32.7% of healthy people have advanced directives

Putting Your Wishes in Writing

92% of people say it is important
32% have actually done it

Source: National Survey by the Conversation Project (2018)
Indiana Barriers to ACP

- Indiana Advance directives (ADs) are not comprehensive
  HB 1317 “Advance Directives Overhaul”
- Inability to transfer ADs electronically
- Lack of time
- Lack of Funding/Reimbursement
Resources
COSTCO United States monthly magazine, distributed to approximately 14 million members, published the following article written and submitted by champion, Rosemary Pahl.

Farmer’s Insurance included this set of stories in a section of their website called “Learn from experience: Stories and information to help you plan, prepare and protect what matters most.”

Mutual of Omaha provides a Guide to Dying Well on their website under a planning and advice section, providing resources and clear step by step guidance.

Fidelity provides guidance and educational materials for clients to make it easier to take the first step on a dedicated Caring and Aging well events hub. One of their dedicated web pages, “Preparing for a meaningful end-of-life plan,” provides a short video introducing clients to resources as well as suggested steps to take.

Goodyear hosted lunch and learns about the Conversation Project with their employees, distributing Conversation Starter Kits to all 20,000+ employees.

Health Union, a digital health company that hosts condition-specific online health communities ran this piece on National Healthcare Decisions Day 2019 and posted it across 10 chronic disease-specific discussion group sites.
# Tool kit for Health Care Advance Planning

When you decide to pick someone to speak for you in a medical crisis, in case you are not able to speak for yourself, there are several things to think about. This tool will help you decide who the best person is. Usually it is best to name one person or agent to serve at a time, with at least one successor, or back-up person, in case the first person is not available when needed.

*Compare up to 3 people with this tool. The persons best suited to be your Health Care Agents or Proxies rate well on these qualifications...*

<table>
<thead>
<tr>
<th>Name #1</th>
<th></th>
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<tbody>
<tr>
<td>1. Meets the legal criteria in your state for acting as agent or proxy or representative? (This is a must! See next page.)</td>
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<tr>
<td>2. Would be willing to speak on your behalf.</td>
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<td>3. Would be able to act on your wishes and separate his/her own feelings from yours.</td>
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<td>4. Lives close by or could travel to be at your side if needed.</td>
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<tr>
<td>5. Knows you well and understands what’s important to you.</td>
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<tr>
<td>6. Is someone you trust with your life.</td>
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<td>7. Will talk with you now about sensitive issues and will listen to your wishes.</td>
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<td>8. Will likely be available long into the future.</td>
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<td>9. Would be able to handle conflicting opinions between family members, friends, and medical personnel.</td>
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<tr>
<td>10. Can be a strong advocate in the face of an unresponsive doctor or institution.</td>
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**Website:**  
https://www.americanbar.org/groups/law_aging/resources/health_care_decision_making/consumer_s_toolkit_for_health_care_advance_planning/
Five Wishes Advance Directive Document (legal in Indiana with state directives insert)

Training Solutions

Professional consulting services

Resources (toolkit, guides for individuals/families)

Community of Practice (peer mentoring and resource sharing)

https://fivewishes.org/
What Respecting Choices Offers

Consulting Services
- Program Implementation
- Leadership and Stakeholder Engagement
- Program Assessments

Education and Certification
- National ACP Certification Courses (First Steps® and Advanced Steps ACP)
  - Online Courses
    - Building Physician Skills in Basic ACP
    - ACP Facilitator Online Courses*
  - Instructor Certification
  - Organization Faculty Certification (Fellowship Program)

Products and Materials
- Engagement and Education Materials for Patients and Community
- Fact Sheets
- Decision Aids
- Books and Manuals

*Certification is not achieved through online courses alone

https://respectingchoices.org/
12 Countries Testing RC Programs
330 US Medical Centers Implementing RC
45 States with RC Usage

Some of the Organizations RC Works With (many participate in ACO)
QUESTIONS?
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